



MOHEGAN TRIBE
DEPARTMENT OF ATHLETIC REGULATION
Pre-Fight Medical Requirements for Pro MMA

Please use the Mohegan forms if getting new medicals. It will make all our lives easier.

1. A comprehensive physical examination, conducted by the fighter's private medical doctor. This examination should be performed **within one year of the contest**.
Promoter Note: The form must be signed by a doctor (MD or DO). A signature by a physician's assistant or nurse will not be accepted and you will need to go back and get a doctor's signature. If you are not using the Mohegan form, you must have the doctor write "ok to fight MMA" on the form and initial next to it.
2. An ophthalmologic (eye) examination including a dilated retinal exam **within one year of the contest**.
Promoter Note: Must be done by an ophthalmologist not an optometrist. If you are not using the Mohegan form, you must have the doctor write "ok to fight MMA" on the form and initial next to it.
3. An MRI (without contrast) or CT Scan (without contrast) **within one year of the contest**.
Promoter Note: The examination report from the test must be submitted with the interpretation form.
If you have an MRI or CT Scan older than a year, see #4 below.
4. If your MRI or CT Scan is older than a year by fight night, you can still submit it as a baseline test along with a neurological exam dated **within one year of the contest**.
Promoter Note: The neurological exam must be performed by and signed by a neurologist. A neurological exam by itself (without a baseline MRI or CT) will not be accepted.
5. A normal baseline EKG (heart test) **anytime after beginning professional career. (Must be interpreted** by the ordering physician).
Promoter Note: Make sure to send in the EKG readout (squiggly line paper) and the Mohegan interpretation form. Make sure that if you are not using the Mohegan form that the interpretation form used says "ok to fight MMA" on it.
6. Negative HIV Serology (AIDS Blood Test) **within 6 months of the scheduled contest**.
7. Negative Hepatitis B Surface Antigen (HBV sAg) **within 6 months of fight night**. Hepatitis B Immunization (vaccination) series including proof of immunity can be substituted.
HEP-B AB (antibody) will not be accepted.
8. Negative Hepatitis C AB (antibody) Serology (Blood Test) **within 6 months of the scheduled contest**.

For female competitors: A negative pregnancy test must be passed. The commission will give the test at the event.

Any competitor 40 years of age or older (amateur or pro) must get full pro MMA medicals, an MRI (a CT scan is not accepted), and a stress test.

The "Promoter Notes" were created by Reality Fighting to help you get the correct tests. These notes were not written by the Mohegan Commission.