



MOHEGAN TRIBE
DEPARTMENT OF ATHLETIC REGULATION
Pre-Fight Medical Requirements for Amateur MMA

Please use the Mohegan forms if getting new medicals. It will make all of our lives easier.

1. A comprehensive physical examination, conducted by the fighter's private medical doctor. This examination must be performed **within one year of fight night**.
Promoter Note: The form must be signed by a doctor (MD or DO). A signature by a physician's assistant or nurse will not be accepted and you will need to go back and get a doctor's signature. If you are not using the Mohegan form, you must have the doctor write "ok to fight MMA" on the form and initial next to it.
2. Negative HIV Serology (AIDS blood test) **within 6 months of fight night**.
3. Negative Hepatitis B Surface Antigen (HBV sAg) **within 6 months of fight night**. Hepatitis B Immunization (vaccination) series including proof of immunity can be substituted.
HEP-B AB (antibody) will not be accepted.
4. Negative Hepatitis C AB (antibody) Serology (Blood Test) **within 6 months of the scheduled contest**.

For female competitors: A negative pregnancy test must be passed. The commission will give the test at the event.

Any competitor 40 years of age or older (amateur or pro) must get full pro MMA medicals, an MRI (a CT scan is not accepted), and a stress test.

The "Promoter Notes" were created by Reality Fighting to help you get the correct tests. These notes were not written by the Mohegan Commission.